Minutes & Action Items Substance Abuse Treatment Summer Study 7/18/2007

Present: Barbara Cimaglio, Peter Lee, Todd Mandell, Scott Johnson, Russell Frank, Chris Cummings, Craig Smith, Jack Duffy, Senator Bill Carris, Linda Piasecki, Meika Zilberberg, Annie Ramniceanu, Mark Helijas, Paula Duncan, Mitch Barron, Reneé Weeks, Jon Coffin, Nick Nichols, Ken Libertoff, Scott Wittman, Debby Haskins, Paul Dragon, David O'Brien, Connie Schütz, Senator Susan Bartlett

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Barbara Cimaglio, Deputy Commissioner for Alcohol and Drug Abuse Programs
Background and previous work on this issue: see links

The legislature set the following goals for the committee:

- Review the treatment services currently in place and to identify how to integrate them into a more systematic response to addictive problems.
- Work with staff to analyze the population projected to be in need of treatment services and
 create a design for the services needed in communities by level of care, and to support longterm recovery. This plan should be based on the Blueprint for Health chronic care approach.
- The analysis shall be evidence-based and project numbers of people that can be diverted from
 more expensive and crisis-oriented services if we build a more continuous, recovery-based
 system of supports. Of particular interest is savings that can be realized in the department of
 corrections.

Powerpoint Presentations (see links):

Barbara Cimaglio, Peter Lee, Linda Piasecki:

- Service Systems Needs and Structure
- Oualitative Issues

Barbara Cimaglio:

IWI/COBMAT

Karen Crowley:

Workforce Development

Paul Dragon:

• Co-Occurring Issues

Small group work:

Guiding questions:

- How can treatment be more effective and accountable?
- What specific steps can we take to improve and measure treatment outcomes?

Aim: to offer the right level of care, at the right time, for the right duration

The use of assessment tools, once taught, needs to be expected as well as supported in the supervisory process

ASAM levels of care need to guide treatment plans

Wrap-around services, aftercare and discharge planning are part of quality care

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Group One:

Ensure/expect assessment

Ensure/expect aftercare and coordinated discharge plans

Early intervention. Schools? DOE?

Individual providers?

Ensure immediate access? (ie. School assessment)

IWI model: team approach to engagement

Better pre-sentencing?

Judge influencing as to Best Practice

Group Two:

DOC/DCF/ADAP/DMH/Justice System:

Identify prevailing cultures and inconsistent expectations

Identify clinical understanding around treatment services, eg Tx as a sanction or consequence

Need process to reconcile, develop consensus around assessment, treatment processes, practices, protocols, ie individual treatment planning

Interplay between all systems: opportunity best when baton is passed

Leadership/Standards should be based on research and evidence-based practices

Group Three:

Tracking Outcomes:

Patient retention

System responsiveness

Evidence-based skills use

Recovery check-ups

What is a good quality follow-up?

Ouality measures:

Reduced use of substances

Engagement in the treatment process

Retention

Good evidence-based assessments

Avoid service denials by insurers because of poor formulation

Include ASAM levels of care to guide treatment plan

Assure integration and presentation to client

Ensure role of the patient in the process is clear to all parties

How can we convey the role of the patient to them?

How can we create a system for follow-up to SA Tx suggestions?

Defenders general make their won SA assessments without training

Wrap-around services, such as care coordination and integrated treatment plans, are necessary for teens and adults

Some drug dealers are not users: how is that accounted for in drug court diversions?

Aim: right level of care, at the right time, for the right duration: a well-crafted argument leads to

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few denials of service

Tools, such as assessment tools, need to be taught and used and supported in the supervisory process

Action Step: Service System Workgroup – members:

- Peter Lee
- Bill Carris
- Russell Frank
- Paul Dragon
- Todd Mandell
- Linda Piasecki
- Connie Schütz

Action Step: System mapping Workgroup – members:

- Paul Dragon
- Scott Johnson
- Paula Duncan
- Reneé Weeks
- Mike McAdoo
- Connie Schütz

<u>Next Steps</u>: discussion of policy and legislative issues, as well as funding implications of our work Next meeting: August 29, 9-12 Stanley Hall rm. 100